

Create Custom Therapeutic Diet

Background: Custom therapeutic diets can be created in the BluePrint Menu Management™ system. BluePrint recommends identifying an existing therapeutic diet similar to the custom diet to be created, copying all meals from the existing therapeutic diet then modifying as appropriate.

*Note: Make sure to follow these instructions **after** spreading menu to standard therapeutic diets.*

Steps:

1. Navigate to **Data Setup** from the home screen and select **Settings**. Then, navigate to **Clinical Settings** and select **Diet Settings** and select **Diet Restrictions**.
2. Add custom therapeutic diet to system. Click **Add**. Complete the **Name**, **Short Name** and **Consistency Name** (use the dropdown menu to set to *Diet Order*). Click **Save**, then **Done**.
3. Return to the homepage. Navigate to **Cycle Menu Planning** and select **Manage Menu Cycles**. Click on the name of the menu to assign therapeutic diet.
4. Assign custom therapeutic diet to menu cycle. Under select the new therapeutic diet by moving it to the box on the right. Click **Done**.
5. Click **Edit Menus**.
6. Copy existing therapeutic diet into custom therapeutic diet. Click **Copy Meals**. On the left, select **Diet Restriction** and use the drop down to select the existing diet to copy. On the right, select **Selected Diets** and highlight custom diet. Click **Next**.
7. Under , select **All Meals**. Under **Destination**, select **All Meals**. Click **Next**.
8. Under , select **All**. Under **Destination**, select **All**. Click **Next**.
9. Under , confirm by clicking **Copy**.
10. Make changes to the custom therapeutic diet. Click on **Edit Menus** from the homepage. Use the drop downs to go to your new diet restriction and through the menu meal by meal.
 Hint: Go to **Menu Reports**, then **Week at a Glance Reports**. Run a report for the custom therapeutic diet restriction to easily view the entire menu at once and identify recipes to change.
11. Delete recipes inconsistent with the custom diet using the **Delete Checked** button from the 'Edit Menus' screen. Take note of the spread line number of deleted item. Then, add appropriate items using the **Add Items** button. Assign the same spread line to the new item as the deleted item.

Consider contacting your BluePrint point person to determine the best way to create your custom therapeutic diet.