



Create Custom Nutritionals for Ingredients

Background: Nutrition information has been set up for ingredients in the BluePrint™ system primarily from the USDA. Nutritionals can be updated to product-specific information if desired.

Steps:

1. From the home page, navigate to **Ingredient and Recipe Maintenance** from the home screen and click on  [Ingredient and Recipe Search](#).
2. Search for the  ingredient to modify. Click [Go](#).
3. Click the checkbox next to the ingredient to be modified. Click [Select Checked Items for Edit](#). Click [Done](#).
Hint: Ingredients can be accessed directly from a recipe by clicking on the name of the ingredient.
4. Go to the [Nutrition](#) tab. Click [Add Item](#).
5. Enter the name of the Nutrition Item to be created. Click [Next](#).
6. Go to the [Measures](#) tab. Click on [Add Measure](#). Add the serving size of nutrition information to be entered. Click the radio button to set the new measure as default. Click [Save](#).
7. Go to the [Nutrition](#) tab. Enter each nutrient amount. Click [Save](#).
8. Click on the [Item Links](#) tab. Click on [Link General Item](#) and search for the ingredient to link custom nutritionals. Click [Go](#). Click the checkbox next to the correct ingredient and click [Link Selected Item](#). Click [Done](#).