













## Create Combination Diets

Background: Combination diets (i.e “Diabetic/Cardiac” or “Renal/Small Portion”) can be created in the BluePrint System. To make this as easy as possible, the Menu Solutions team recommends copying one of the desired combination diets, then making edits to specific menu items to make the diet compliant with both diet restrictions. **Important:** Follow these instructions after you are done making menu changes & all other therapeutic diets are set.

1. Navigate to **Data Setup** from the home screen and select  **Settings**. Then, navigate to **Clinical Settings** then  **Diet Settings** and select  **Diet Restrictions**.
2. Click **Add**. For **Description** – type the name of the Combination Diet, ex. Renal Diabetic, For **Code** – add an abbreviated name for combination diet, ex. RenalDB and For **Consistency Name** - use the dropdown menu to set to **Diet Order**. Click **Save**, then **Done**.
3. Return to the homepage. Navigate to **Cycle Menu Planning** and select  **Manage Menu Cycles**. Click directly on the name of your menu.
4. In , select the new combination therapeutic diet by moving it to the box on the right. Click **Done**.
5. Click **Edit Menus** from the homepage. Click **Copy Meals**. On the left, select **Diet Restriction** and use the drop down to select one of diets to copy. On the right, select **Selected Diets** and highlight the combination diet. Click **Next**.
6. Under , select **All Meals**. Under **Destination**, select **All Meals**. Click **Next**.
7. Under , select **All**. Under **Destination**, select **All**. Click **Next**.
8. Under , confirm by clicking **Copy**.
9. Make changes to the combination diet. Click on  **Edit Menus** from the homepage. Use the drop downs to go to the new combination diet and go through the menu meal by meal.  
**Hint:** Go to  **Menu Reports**, then  **Week at a Glance Reports** or **Diet Spread Reports**. Run a report to easily view the entire combination diet menu at once & identify recipes to change or to compare it against existing diets.
10. Delete recipes inconsistent with the combination diet using the **Delete Checked** button from the ‘Edit Menus’ screen. To replace the recipe, take note of the spread line number of deleted item. Then, add appropriate item using the **Add Items** button. Assign the same spread line to the new item as the deleted item.  
**Hint:** Global changes can be made to the combination diet from the  **Menu Item Remove Replace** screen. This can save a considerable amount of time.