

# Premier Breakthroughs 2017

# RECIPES

#### Lemony Shrimp Rolls

Harbor Banks® Argentine Red Shrimp **7866145**, Monarch® Eggless Spread, Rykoff Sexton® Meyer Lemon Juice **6773394**, Lemon Zest, Chopped Basil and Parsley on Split-Top Hilltop Hearth® Hot Dog Buns (cut in ¼)

Recipe: 50	2 oz. portions		
Tail-off Red Shrimp	100 ea.	Fresh Parsley	1 cup
Old Bay® Seasoning	2 T.	Fresh Tarragon	1/2 cup
Eggless Spread	2 qt.	Celery	4 cups
Meyer Lemon Juice	1 cup	Secret Spicy Sauce	1 cup
Fresh Lemons	2 ea.	Butter Blend Cooking Oil	1 cup
Fresh Basil	1 cup	New England Hot Dog Buns	50 ea

**Prep:** Poach shrimp in lemon water and Old Bay seasoning. Allow to cool, chop shrimp and add to prepared eggless spread dressing combined with: fresh herbs, lemon zest, secret spicy sauce and shaved celery. Toast bun on both sides, split top, fill with lemony shrimp salad.

#### Italian White Bean and Tuna Salad

Monarch® Pole & Line-Caught Skipjack Tuna **2598469**, White Beans, Capers, Red Onions, Red Bell Pepper, Rykoff Sexton® Extra-Virgin Olive Oil (EVOO) **1945534** and Lemon Vinaigrette

Recipe: 100	2 oz. portions		
Tuna	3 lbs.	Lemon Juice	1 cup
White Beans	3 lbs.	Italian Seasoning	2 T.
Capers	1 cup	Kosher Salt	1 T.
Red Onions	1 cup	Black Pepper	1 T.
Roasted Red Bell Pepper	3 cups	Belgian Endive	100 boats
EVOO	2 cups	Roasted Red Bell Pepper	2 ea. garnish

Prep: Drain tuna and beans; combine with dressing and dried herbs. Prepare red onions and peppers, drain capers. Combine with tuna and bean mixture. Serve 1.5 oz. portions in fresh Belgian endive boats, garnish with thin-roasted red pepper strips.

#### Brown Buttered Barramundi

Seared Harbor Banks® Barramundi 9478572 with Rykoff Sexton® Slow Roasted Tomatoes 5028399, Thyme and Brown Butter

Recipe: 50	2 oz. portions		
Barramundi	17/6 oz. portions*	White Wine	1 cup
Olive Oil	1 lb.	<b>Roasted Tomatoes</b>	100 ea.
Butter	1 lb.	Fresh Thyme	6 sprigs
Garlic, Whole Cloves	4 ea.	Preserved Lemons	1 ea. garnish**

Prep: Cut barramundi into 2 oz. portions, pan sear in 50/50 butter to olive oil, add fresh thyme sprigs and garlic cloves, while browning butter. Deglaze pan with splash of white wine. Serve topped with pan juices, slow-roasted tomatoes and preserved lemon piece.

<sup>\*(</sup>cut into ½), \*\*(50 thin slices)

### Greek-Style Grass Fed Sliders

Chef's Line® Beef Sliders **7127324**, Chef's Line® Tzatziki **7981582**, Bibb Lettuce and Cross Valley Farms® Baby Beefsteak Tomatoes **5225864** and Metro Deli® Onion Jam **7976582** on Hilltop Hearth® Hawaiian Slider Rolls **4496241** 

Recipe: 50	2.5 oz. portions		
Grass Fed Sliders	50 ea.	Onion Jam	3 cups
Tzatziki	1.5 qt.	Kalamata Olives	1 cup
Bibb Lettuce	50 leaf	Feta Cheese	1 cup
Beefsteak Tomatoes	10 ea.	Hawaiian Slider Buns	50 ea.

Prep: Prepare tomato jam by chopping tomatoes and slow simmering with onion jam until thick and spreadable; chill jam overnight. Cook sliders to desired doneness; toast slider buns. Assemble burgers with jam, lettuce, dollop tzatziki, feta cheese and chopped olives.

# Grass Fed Moroccan Meatballs with Spiked Harissa Sauce

Stock Yards® Grass Fed Ground Beef **5758976**, Monarch® Harissa-spiked Tomato Sauce, Toasted Slivered Almonds

Recipe: 100	1 oz. meatballs		
Stock Yards Grass Fed		Harissa	2 cups
Ground Beef	7 lbs.	Moroccan Spice	2 T.
Eggs	4 ea.	Tomato Sauce	2 qt.
Bread Crumbs	4 cups	Almonds	2 lbs.
Mint	1 cup	Parsley	1 cup
Garlic	1/2 cup	•	1

Prep: Combine meat, eggs, breadcrumbs, chopped garlic and chopped fresh herbs. Portion 1 oz. meatballs. Roll in slivered almonds, bake in oven or deep fry to internal temp of 165°F. Prepare sauce by simmering tomato sauce, Harissa and Moroccan spice. Add a splash of red wine if desired. Serve meatballs on skewer with a drizzle of spicy sauce.

#### Grass Fed Ribeye Street Tacos

Cross Valley Farms® Superfood Slaw 9826181, Chef's Line® Guacamole 6385494, Stock Yards® Grass Fed Ribeye Steaks 9518653

Recipe: 50	2 oz. tacos		
Grass Fed Ribeye Steaks	15 ea.*	Limes	5 ea.***
Superfood Slaw	4 lbs.	Chef's Line Hand	
Key Lime Juice	1 cup	Scooped Guacamole	3 lbs. (3 tubs)
Chipotle Peppers in		Charred Chipotle	
Adobo Sauce	2 ea.**	Salsa Picada	1 qt. (1 tub)
Cilantro	50 sprigs	Mini 3" Corn Tortillas	50 ea.

**Prep:** Sear steaks, season with salt and pepper, slice thin for taco assembly. Prepare slaw with key lime juice, crushed chipotle peppers and sauce. Cut limes. Assemble tacos with 2 oz. grass fed ribeye slices, 1 oz. slaw, cilantro sprig. Top with dollop guacamole and salsa.

### Organic Sprouted Grain BLT, with Beef Bacon

Chef's Line® Organic Sprouted Multigrain Sliced Bread **8241634**, All Natural Smoked, Uncured Beef Bacon **1088051**, Organic Spring Mix, Cross Valley Farms® Non GMO Verified Baby Beefsteak Tomatoes

#### Recipe: 48 12 sandwiches, cut 1/4 size

Chef's Line Multigrain		Salt and Pepper	to taste
Sprouted Bread	25 slices	Baby Beefsteak	
Chef's Line Mayonnaise	1 qt.	Tomatoes	9 ea.*
Chef's Line Beef Bacon	36 slices	Better Burger Lettuce Leaf	24 leaves

Prep: Toast bread; cook beef bacon till crisp; slice tomatoes. Assemble with mayo, salt and pepper, 3 strips bacon, 2 lettuce leaves and 4 slices tomatoes. Pick all 4 corners, slice to serve 1/4 BLT sandwiches.

<sup>\*(10</sup> oz. steaks, cut into 4), \*\*(with 1 T. sauce from jar), \*\*\* (cut into 10)

<sup>\*(</sup>cut into 5 slices)

# Dark Chocolate Chia Pudding

With Brûlée Bananas topped with Cross Valley Farms® Diced Fresh Mangoes 5633179 and Honey Cream

Recipe: 50	2 oz. servings		
Cream	3 qt.	Bananas	16 ea.
Dark Cocoa	2 cups	Raw Sugar	1 cup
White Chia Seeds	2 cups	Diced Fresh Mangoes	2 lbs.
Honey	1 cup	Heavy Cream	2 qt.
Vanilla	1 T.	Raw Dark Chia Seeds	1 cup

Prep: Prepare pudding with dark cocoa, ground white chia seeds, vanilla and honey. Cook till thick, cool overnight. Whip heavy cream to soft peaks, add honey, place in piping bag. Slice bananas, coat with raw sugar and torch. Assemble pudding in bottom of clear mini martini cups. Top with piped honey cream, brûlée bananas, diced mangoes and black chia seed dust.

#### Edamame Hummus with Crispy Cucumber

Chef's Line ® Mini Naan Masala-dusted Chips 8601429, Chef's Line Original Hummus 2554244

Recipe: 50	1 oz. servings		
Edamame	2 lbs.	Jicama Sticks	2 ea.**
Chef's Line Original Humi	mus 1 lb.	Citrus Chili Powder	1 cup
Chef's Line Guacamole	1 lb.	Mini Naan	18 ea.***
Lemon Juice	2 T.	Olive Oil	¹∕2 cup
Cucumbers	$2\mathrm{ea.}^*$	Masala Powder	2 T.

**Prep:** Combine edamame, hummus, guacamole and lemon juice in food processor, pulse to blend till smooth. Cut jicama and cucumber sticks and dust with citrus chili powder. Brush naan bread with oil and masala powder. Toast naan on griddle. Cut into chip-sized wedges.

<sup>\*(</sup>cut into 50 sticks), \*\*(cut into 50 sticks), \*\*\*(cut into 6 wedges)

## Golden Turmeric Spiced Almond Milk Shots

Recipe: 50	2 oz. servings		
Almond Milk	2 qt.	Cloves	2 ea.
Coconut Milk	1 qt.	Honey	6 T.
Turmeric Powder	2 T.	Vanilla Beans	1 ea.
Fresh Ginger	3 T.	Salt and Black Pepper	to taste
Cinnamon Stick	1 ea.	Cinnamon	
White Cardamom Pods	4 ea.	and Sugar Dust	garnish to taste

Prep: In heavy sauce pot, simmer all ingredients, med. heat 20-30 minutes. Remove from heat, strain, discard solids. Serve hot or cold. In clear shot glasses, dust with cinnamon and sugar.

# **Curried Rosemary Cashews**

Monarch® Unsalted Cashews 2634343

Recipe: 50 2	oz. portions		
Monarch Unsalted Cashews	6.5 lbs.	Red Pepper Flakes	1 T.
Olive Oil	$1/_2$ cup	Sugar	1 cup
Rosemary	2 T.		

Prep: Combine nuts with oil, herbs and sugar. Place on well-oiled sheet pan in a pile, allow to cool. Break apart for serving.

## Seared Yellowfin Tuna Lemony Rocket Salad

Seared Harbor Banks® Tuna Slices 9192185 on Cross Valley Farms® Lemony Rocket Blend 3116609

Recipe: 50	2 oz. portions		
Chef's Line® Seared		Dijon Mustard	1/2 cup
Yellowfin Tuna Slices	16 ea.*	Lemon Juice	¹∕2 cup
Toasted Sesame Oil	¹∕2 cup	Lemon Pepper	2 T.
Red Pepper Flakes	2 T.	Olive Oil	1 cup
Cross Valley Farms		Rice Wine Vinegar	¹∕2 cup
Lemony Rocket Blend	2 lbs.	White Sesame Seeds	1 cup
Arugula	1 lb.	Sessinio Beeds	Toup

Prep: Thaw seared yellowfin tuna out of the sealed packages. Drizzle tuna with toasted sesame oil and dust with red pepper flakes. Prepare dressing with olive oil, rice wine vinegar, lemon juice, Dijon and spices. Toss greens with dressing, top with tuna slices and white sesame seeds.

#### Kefir Parfaits

Layered with Acai and Blueberry Puree, Toasted Monarch® Granola

Recipe: 50	2 oz. portions		
Kefir Non-Dairy Cream	2 qt.	Honey	8 oz.
Acai Puree	1 qt.	Crunchy Granola	3 lbs.
Blueberry Puree	$1/_{2}$ qt.		

Prep: Alternate layers of Kefir with fruit puree and honey, then top with granola.

<sup>\*(3</sup> oz. sliced portions)

### Red Thai Curry Tofu Rice

Pacific Jade® Red Thai Coconut Curry 5397762 with Golden Tofu, Jasmine Rice

Recipe: 50	2 oz. portions		
Pacific Jade Red Thai		Bamboo Shoots	2 cans (8 oz. size)
Curry Starter Sauce	4 lbs. (1 tub)	Tofu	4 lbs.
Coconut Milk	4 cans (15 oz. size)	Green Onions	1 bunch
Fresh Ginger	1 piece	Jasmine Rice	10 cups (cooked)
Red Peppers	3 ea.		_

**Prep:** Prepare steamed rice, keep warm. Dice tofu; sear in red Thai curry starter sauce. In separate pot, steep coconut milk with ginger, peppers, bamboo shoots. Fold in tofu; serve over rice. Garnish with shaved green onions.

## Indian Curry Multi-Colored Cauliflower Casserole

Pacific Jade® Indian Curry **5178966** Chickpeas and Rykoff Sexton® Multi-Colored Cauliflower Casserole **5090992**, Organic Alfredo Sauce **9620565** 

Recipe: 50	3 oz. portions		
Pacific Jade Indian		Organic Alfredo Sauce	2 lbs. (1 bag)
Curry Starter Sauce	4 lbs. (1 tub)	Asiago Cheese	1 lb.
Chickpeas, Garbanzos	4 lbs.	Breadcrumbs	2 lb.
Rykoff Sexton	- 11	Butter	1 lb.
Multi-Colored Cauliflower	Iulti-Colored Cauliflower 9 lbs.	Curry Powder	2 T.

Prep: Sautée all ingredients in starter sauce. Combine Alfredo sauce, combine with cheese. Top with spiced breadcrumbs. Bake at 350°F for 18-20 minutes till bubbly and golden.

#### Jamaican Jerk Sweet Potato Quesadillas

Black Bean & Mango del Pasado™ Charred Chipotle Salsa with Crema and Roasted Corn

Recipe: 50	1 ea. wedges		
Charred Sweet Potatoes	2 lbs.	Roasted Corn	2 cups
Black Beans	15 oz. (1 can)	Diced Mangoes	2 cups
Cilantro	1 T.	Charred Chipotle Salsa	2 cups
Monterey Jack & Cheddar		Crema	$1\mathrm{cup}^*$
Shredded Cheese Blend	1 lb.	10" Flour Tortillas	20 ea.
Jamaican Jerk Seasoning	2 T.		

Prep: Dust vegetables with Jamaican jerk seasoning. Prepare vegetable mixture (drain and rinse black beans) and cilantro with shredded cheese. Fill 10" tortillas, griddle till golden on both sides and cheese is bubbly and melted. Cut 10" rounds into 5 wedges. Combine charred corn with salsa and mangoes. Top or serve on the side with salsa mixture, drizzle a bit of crema.

#### Ginger Beer Mock-tail

Lemongrass-Infused Chef's Line® Spicy Ginger Beer 8724270

Recipe: 50 (2.5 gal.)	6 oz. portions		
Craft Ginger Beer	1 cs. (24 bottles)	Fresh Mint	1 bun
Peeled Fresh Ginger	1 piece (2")	Edible Flowers	1 cup
Lemongrass	3 stalks	Ice	1 gal. volume (2 lbs.)
Lime Juice	2 cups	Club Soda	1 qt.

Prep: Smash lemongrass ends, steep in hot water with peeled ginger piece, lime juice and mint. Combine all steeping liquid (with ginger pieces, and mint) with ginger beer and club soda over ice. Float edible flowers to garnish.

<sup>\*(</sup>squeeze bottle)

### Vegan Brown Rice, Quinoa Almond Tabbouleh

Chef's Line® Brown Rice and Quinoa Salad 8750784 with Toasted Monarch® Almonds and Crunchy Cucumber Salad

Recipe: 50	2 oz. portions		
Chef's Line® Par Cooked		Parsley	2 large bunches
Brown Rice & Quinoa	3 lbs.	Mint	1/2 cup
Almond Pieces	3 lbs.	Rice Wine Vinegar	1 cup
Cucumber	2 ea.	Lemon Juice	1/2 cup
Olive Oil	2 T.	Cayenne Pepper	1 tsp.
Mini Heirloom Tomatoes	2 cups	Yellow Onion	1/2 ea.

Prep: Heat par-cooked rice and quinoa in sauté pan till fully cooked, 4-5 minutes. Toast almonds; allow to cool. Add diced cucumbers, tomatoes, onions, toasted almonds, mint and parsley. Combine all with rice wine vinegar, cayenne pepper and lemon juice. Season to taste with salt.

# Spiral Kohlrabi Salad, Charred Asparagus and Fennel

Cross Valley Farms® Spiral Kohlrabi Salad 6866621, Charred Asparagus, Fennel

Recipe: 50	2 oz. portions		
Spiral Kohlrabi	3 lbs.	Sesame Soy Dressing	1 qt.
Asparagus	2 lbs.	Black Sesame Seeds	1/2 cup
Olive Oil	2 T.	Shredded Carrots	1 lb.
Fennel	1 lb.		

**Prep:** Shave and shred all vegetables; coat asparagus with olive oil; char on flat-top or broiler lightly, allow to cool, shave thin; add to spiral Kohlrabi; dress the salad. Garnish with black sesame seeds.

#### Falafel with Watermelon Radish Slaw

Falafel with Tahini dressing, Chef's Line® Mini Naan, Pickled Cross Valley Farms® Watermelon Radishes 1264180 and Red Onions

#### Recipe: 50 2 oz. portions (.50 oz. Falafel)

Monarch®		Fresh Green Jalapeños	2 ea.
Falafel Mix	1 (1 lb.) bag or 50 ea.	Rice Wine Vinegar	2 cups
White Sesame Seeds	1 cup	Red Pepper Flakes	1 T.
Tahini	10 oz.	Sugar	1/2 cup
Mayonnaise	1 qt.	Red Onions	2 ea.
Lemon Juice	1 cup	Micro Cilantro	2 cups
Cross Valley Farms	0	Mini Naan Bread	25 ea.*
Watermelon Radish	es 2 ea.		

Prep: Prepare Falafel mixture, allow to stand chilled for 1 hour, form into .50 oz. balls, and roll in sesame seeds. If using pre-made falafel, bake in oven till heated internal temp of 155°F. Slice/shave thin watermelon radish, jalapeno and red onions, place in pickling liquid of vinegar, peppers, sugar; allow to marinate 6 hours. Prepare Dressing by blending Tahini and Mayonnaise with lemon juice till smooth. Cut and heat naan bread, fill with falafel, dressing and slaw. Garnish with micro cilantro if desired.

<sup>\*(</sup>cut in 1/2)