

Winger Salad

Servings: 1

INGREDIENTS

- 1 oz melba sauce
- 1 oz Monarch® hot sauce
- 4 oz Patuxent Farms® chicken chunks
- 4 oz iceberg/romaine blend
- 1 oz Glenview Farms® blue cheese crumbles
- 1/2 oz red onions, sliced
- 2 oz carrot sticks
- 2 oz celery sticks
- 2 oz Monarch barbecue bleu cheese dressing

PREPARATION

Mix melba and hot sauces; set aside. Deep fry chicken chunks until fully cooked and crisp. Toss chicken with sauce mixture. Place salad greens on plate and top with blue cheese, onion and chicken. Garnish with carrot and celery sticks and drizzle with dressing.

