

## Melon Yogurt and Mint Sorbet

Servings: 1

### INGREDIENTS

- 1 c sugar
- 1 ¼ c water
- 8 oz Monarch® melon yogurt with mint salad dressing
- 2 oz honey
- 1 ea egg white

### PREPARATION

Bring sugar and water to a boil over low heat until sugar has dissolved. Remove from heat and let cool. Add melon yogurt dressing and honey to syrup and place into ice cream maker; churn until mixture is thick. Add egg white to mixture and let churn for another 10 to 15 minutes, or until sorbet is firm to scoop.

