

Cajun Salmon Burger with Tzatziki

Servings: 1

INGREDIENTS

- 1 ea Chef's Line™ salmon burger
- 1 t Monarch® Cajun spice
- 1 ea Chef's Line 9-grain sprouted bun
- 2 oz tzatziki sauce (see right)

PREPARATION

Dust the salmon burger with Cajun spice. Grill salmon burger until crisp and cooked through. Grill off the 9-grain bun. Place salmon burger on the bun. Top with the fresh-made tzatziki and serve with bun top on the side.



Tzatziki Sauce (Yield: 6 cups)

INGREDIENTS

- 1 qt Glenview Farms® nonfat plain Greek yogurt
- 1 ea cucumber, peeled, deseeded
- 1 ea red onion, peeled, diced
- 2 T fresh dill
- juice of 2 lemons
- tt salt and pepper

PREPARATION

Place all ingredients in food processor bowl. Blend until all ingredients are chopped. Season to taste.

