



# Eat MORE Heart Healthy Foods During American Heart Month!



CONTRACTED SUPPLIER

**Campbell's**® Works closely with the American Heart Association® (AHA) on programs to promote a healthy lifestyle. As a national supporter of the Go Red for Women program, Campbell is dedicated to women's heart health and has pledged \$5.4 million to the cause through 2015. In addition, the broad reach and visibility of Campbell's *Address Your Heart* campaign has helped raise critical awareness of the risks of heart disease in women.

## CAMPBELL PRODUCTS

In **Foodservice**, Campbell offers a variety of heart healthy products including all of our Campbell's® Healthy Request® soups, Low Sodium V8® juices, V8 V-Fusion® 100% juices, and a collection of AHA certified recipes including Santa Fe Chicken Sauté and Lightened Up Chicken Enchiladas.

## APPLICATION

To find nutritious products to meet your dietary needs, and check out our collection of heart healthy recipes created by Campbell chefs and nutritionists click on the link below. With so many great-tasting options, you're sure to find a variety of products and recipes you and your customers will love to enjoy!

[www.CampbellFoodservice.com](http://www.CampbellFoodservice.com)

## February is American Heart Month

A perfect time to increase your knowledge about heart disease prevention. Choosing healthy foods can help you reduce risk for heart disease and its complications. While all foods can fit into a balanced diet, be mindful to include plenty of fruits, vegetables, whole grains, lean protein, and low fat dairy in your daily diet. *Click the photos below to access heart-healthy recipes!*



### SANTA FE CHICKEN SAUTÉ

Sautéed chicken breasts simmered in a kicked-up picante sauce featuring black beans and corn

### EASY BAKED CHICKEN & RICE CASSEROLE

Chicken topped on a bed of creamy rice with broccoli and carrots. Finish it off with melted cheddar



### LEMON CHICKEN SCALOPPINI WITH SPINACH

Chicken breasts sautéed in a brightly flavored lemon sauce with fresh baby spinach



For detailed product information & more heart healthy menu ideas, go to [www.campbellfoodservice.com](http://www.campbellfoodservice.com) and search for Heart Healthy recipes in our Culinary Center.



# Heart Healthy Products and Recipes

Products		
<b>AHA Certified Soups</b>	<b>Case/Pack</b>	<b>Code</b>
<u>CAMPBELL'S® CLASSIC HEALTHY REQUEST® CHICKEN NOODLE</u>	12/50 OZ CANS	04142
<u>CAMPBELL'S® CLASSIC HEALTHY REQUEST® CREAM OF CHICKEN</u>	12/50 OZ CANS	04143
<u>CAMPBELL'S® CLASSIC HEALTHY REQUEST® TOMATO - <i>Vegetarian</i></u>	12/50 OZ CANS	04145
<u>CAMPBELL'S® CLASSIC HEALTHY REQUEST® CREAM OF MUSHROOM - <i>Vegetarian</i></u>	12/50 OZ CANS	04144
<u>CAMPBELL'S® CHUNKY™ HEALTHY REQUEST® GRILLED CHICKEN AND SAUSAGE GUMBO</u>	8/15.25 OZ	17336
<u>CAMPBELL'S® HEALTHY REQUEST® CHICKEN WITH MINI ROUND NOODLE SOUP</u>	8/10.5 OZ	17517
<u>CAMPBELL'S® SELECT HARVEST® HEALTHY REQUEST ITALIAN STYLE WEDDING SOUP</u>	8/15.25 OZ	17341
<u>CAMPBELL'S® SELECT HARVEST® HEALTHY REQUEST MEXICAN STYLE CHICKEN TORTILLA SOUP</u>	8/15.25 OZ	17343
<u>CAMPBELL'S® HEALTHY REQUEST® CLASSIC TOMATO - <i>Vegetarian</i></u>	8/10.5 OZ	17518
<u>CAMPBELL'S® HEALTHY REQUEST® CREAM OF CHICKEN SOUP</u>	24/7.25 OZ	21726
<u>CAMPBELL'S® HEALTHY REQUEST® CREAMY TOMATO SOUP - <i>Vegetarian</i></u>	24/7.25 OZ	21725
<u>CAMPBELL'S® HEALTHY REQUEST® HOMESTYLE CHICKEN NOODLE SOUP</u>	24/7.25 OZ	21727
<u>CAMPBELL'S® HEALTHY REQUEST® VEGETARIAN VEGETABLE SOUP - <i>Vegan</i></u>	24/7.25 OZ	21728
<b>Healthy Request® Frozen Condensed Soups (All under 410mg of sodium per 8oz serving)</b>	<b>Case/Pack</b>	<b>Code</b>
<u>CAMPBELL'S® SIGNATURE HEALTHY REQUEST® CHICKEN WITH EGG NOODLES SOUP</u>	3/4 LB TRAYS	19121
<u>CAMPBELL'S® SIGNATURE HEALTHY REQUEST® HARVEST TOMATO WITH BASIL -<i>Vegan</i></u>	3/4 LB TRAYS	19120
<u>CAMPBELL'S® SIGNATURE HEALTHY REQUEST® HOMESTYLE SWEET PEPPER &amp; BEEF</u>	3/4 LB TRAYS	14223
<u>CAMPBELL'S® SIGNATURE HEALTHY REQUEST® MEDITERRANEAN STYLE VEGETABLE SOUP -<i>Vegetarian</i></u>	3/4 LB TRAYS	19123
<u>CAMPBELL'S® SIGNATURE HEALTHY REQUEST® MEXICAN-STYLE CHICKEN TORTILLA</u>	3/4 LB TRAYS	19122
<u>CAMPBELL'S® SIGNATURE HEALTHY REQUEST® PORTOBELLO MUSHROOM AND BARLEY SOUP -<i>Vegetarian</i></u>	3/4 LB TRAYS	15357
<u>CAMPBELL'S® SIGNATURE HEALTHY REQUEST® ROSEMARY CHICKEN &amp; DUMPLING</u>	3/4 LB TRAYS	16273
<u>CAMPBELL'S® SIGNATURE HEALTHY REQUEST® RUSTIC BEEF AND MUSHROOM WITH CRACKED BLACK PEPPER</u>	3/4 LB TRAYS	14229
<u>CAMPBELL'S® SIGNATURE HEALTHY REQUEST® TUSCAN STYLE WHITE BEAN WITH CHICKEN SOUP</u>	3/4 LB TRAYS	16866
<b>AHA Certified Beverages</b>	<b>Case/Pack</b>	<b>Code</b>
<u>V8® 100% VEGETABLE JUICE LOW SODIUM</u>	48/5.5 OZ	00067
<u>V8® SPICY HOT LOW SODIUM VEGETABLE JUICE</u>	6/46 OZ	20807
<u>V8® VEGETABLE JUICE LOW SODIUM</u>	24/11.5 OZ	17086
<u>V8® VEGETABLE JUICE LOW SODIUM</u>	6/46 OZ	20616
<u>V8 V-FUSION® ACAI MIXED BERRY</u>	6/46 OZ	20249
<u>V8 V-FUSION® CRANBERRY BLACKBERRY</u>	12/12 OZ	19006
<u>V8 V-FUSION® PEACH MANGO</u>	6/46 OZ	20244
<u>V8 V-FUSION® POMEGRANATE BLUEBERRY</u>	12/12 OZ	16982
<u>V8 V-FUSION® POMEGRANATE BLUEBERRY</u>	24/8 OZ	18867
<u>V8 V-FUSION® STRAWBERRY BANANA</u>	24/8 OZ	18866
<u>V8 V-FUSION® STRAWBERRY BANANA</u>	12/12 OZ	15855
<u>V8® V-FUSION® CONCORD GRAPE RASPBERRY</u>	24/8 OZ	19280
Recipes		
<b>Heart Healthy Recipes</b>	<b>AHA Certified Recipes</b>	
<u>BRAISED KALE WITH CHICKPEAS AND QUINOA</u>	<u>LEMON CHICKEN SCALOPPINI WITH SPINACH</u>	
<u>CAJUN CHICKEN FETTUCCINE</u>	<u>HEARTY CHICKEN &amp; VEGETABLE CHOWDER</u>	
<u>CAMPBELL'S® CHICKEN DIJON</u>	<u>WHOLE WHEAT PASTA ALFREDO WITH CHICKEN &amp; BROCCOLI</u>	
<u>NO-GUILT BERRY SHORT CAKE</u>	<u>CREAMY DIJON CHICKEN WITH MUSHROOMS</u>	
<u>CREAMY ROAST CHICKEN SALAD SANDWICH</u>	<u>LIGHTENED-UP CHICKEN ENCHILADAS</u>	
<u>EASY BAKED CHICKEN &amp; RICE CASSEROLE</u>	<u>EASY CHICKEN SHEPHERD'S PIE</u>	
<u>LIGHTER GREEN BEAN CASSEROLE</u>	<u>EASY BAKED CHICKEN &amp; RICE CASSEROLE</u>	
<u>GRILLED SALMON WITH POMODORO SAUCE</u>	<u>SANTA FE CHICKEN SAUTÉ</u>	
<u>GARDEN VEGETABLE SAUTÉ</u>		
<u>ARGENTINEAN BEEF STEW</u>		
<u>ORANGE CHICKEN AND VEGETABLE STIR FRY</u>		

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Heart Healthy recipes in our Culinary Center. Information updated 01/15/15